Developing generativity as a health prevention intervention

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Background

• Sociocultural changes in communities – family and community

• Highly generative adults sequence life narratives in a way that a negative experience results in a positive outcome (redemption narrative)

• Generative behaviors and acts have positive health benefits
  • Only when received by others
Research Study

• Generative mismatch

• Reduced elder/youth interactions, less generative behaviors, poorer health outcomes?

• What are benefits of engaging in generative behaviors?
  • Differences exist between elders and youth?

• How do we develop programs based on health benefits?

• Elder/youth camps and intergenerational programs are increasing
  • Lack of evaluation on outcomes and benefits
  • Assess benefits of camp experience? Pre & post? 6 month follow up?